

Buying a new bed



Important points to remember

Check your sizes

When buying a new mattress for a bedstead, ensure that the dimensions of both are compatible

Bigger is better

With a larger bed you are less likely to disturb one another, one of the most common sleeping complaints

Does your old base need replacing?

An old one is likely to reduce the useful life of a new mattress as well as the support and comfort it can offer. It could also invalidate manufacturers' warranties or guarantees

Safety and standards

The UK has strict flammability and product safety laws. For peace of mind, look for the 'made by an Approved NBF member' tick

Smells like new

Like a new carpet, a new bed may initially have a "new" smell about it. This is harmless and will disperse if well aired

Give it time (around 30 nights)

Your body will take a while to adjust to sleeping on a new sleep surface, so don't worry if your new bed doesn't immediately meet your expectations. Give it a little time - up to 30 nights

Body-shaped impressions

Sometimes referred to as settlement, these are a normal characteristic of a quality mattress working as intended to conform to the shape of your body



For more information visit

bedadvice.co.uk

Look for the NBF-approved logo

